



# *Level 1 Week 1 Assignment*

First:

Take Self Test #1 as described in video and fill in notes on Test #1 page two.

Assess your need for understanding basic symbols and basic music directives. This may be very new for some, but most of the beginning students have had a little introduction to music somewhere in their school experience.

You need to familiarize yourself with all of the terms and symbols.

If you need more assistance than the book and video afford, you may want to check out the FAQ or write an email to the instructor.

There are more sources for music information and ways of memorizing this info. Most of the things you need to memorize have an exercise that can be done each day. Sometimes it will be imperative that you just read over many times, to memorize certain rules, items such as the Basic Theory for Reading Chord Symbols.

Next: Start by working on the "E" Form Major Scale study. It

should sound like Do, Re, Mi and so on. It is a two octave exercise.

The video will show you the proper right hand and proper left hand technique. So watch carefully and emulate the number of repetitions per practice period each day.

And Finally:

Look at the segment on Right hands technique for strumming. And take Chord Primer#1 and strum as shown in the video, all down strokes, counting each bar 1,2,3,4, while playing 1/4 notes and counting, as described on the music,1+2+3+4+, while strumming down and up strokes, playing the 1/8 note strum. This is also described in detail on the video segments.

You should try your metronome about the second week and start at about 60 to 70 bpm (beats per minute) playing 1/4 notes. You should be able to make the jury requirements if you stick to the program. And, in no time at all, be strumming your chord cadences at this same set of metronome settings. It will start sounding musical the more you practice, but at first your fingers will have to toughen up.

check out FAQ or contact us by email or set up an evaluation: [neal@guitarmechanics.com](mailto:neal@guitarmechanics.com)